

Recommendations to Humanity No.41


# Rise, elderly people, at the helm of life ②

## Worries about nursing care

### “I’m scared to live long” ⑤

#### Solving worries about nursing care with ROB treatment (Regulation of bowels)

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Understanding the mechanism of diseases using the Tamago Theory

<Presentation of experiences: reproduced on paper>

#### Caregiving at death

(1) Case of Ms. Toshiko Inada  
(a) Ms. Inada's illnesses: intestinal obstruction 7 times, coronary infarction, knee osteoarthritis, acute loss of appetite, etc. got better with ROB treatment (Regulation of bowels), and drugs were unnecessary.  
(b) Able to prevent nursing care (c) For Ms. Inada with hardly any relatives, she was satisfied with the caregiving from Tamago Building staff, and departed this world

[Kunihiko Ishigaki, Director, Tamago Building]  
This person was a patient introduced from Higashiosaka City Medical Center. She had suffered intestinal obstruction 7 times. She had life and death experiences on all 7 occasions.  
She also suffered coronary infarction 3 times. A stent was inserted in her coronary artery. She also had lower back pain and knee osteoarthritis. She had suffered every single illness.  
On receiving ROB treatment (Regulation of bowels), she amazingly no longer got intestinal obstructions. She also no longer got coronary infarction. She also no longer needed to take drugs.

Last English lesson at the nursery  
Until then, she had lived in Higashiosaka, but saying that it was hard commuting with old age, she moved to an apartment near to Tamago Building.  
Then, for her last 2 weeks, her condition meant she could not commute to hospital, so she was cared for in Tamago Building.  
The video you will see here (photos in the newspaper) was taken on January 19, the day before she died, with her giving her last English lesson to nursery children from bed No. 1 of the 1st floor green in Tamago Building. By giving the nursery children an English lesson, she "received energy", were the calm, satisfied words of Ms. Inada. The next day, January 20, while being cared for by Tamago Building staff, she left on her journey to the other world. It was a peaceful death. Nursery children = isn't the link of "life" with infants what society lacks the most at present?  
In everyday society, there are no longer experiences linking "life", and that is a large problem. Without that experience, we leave it to others because we don't understand, and we are uneasy. The succession of leaving it to others means receiving care in hospital. However, there you will not find the original link with "life". There is no sign of the original link with "life". To show what needs doing, I'd like you to look at each case in this seminar.



(2) Case of Ms. Kimie Kawasaki  
(a) Terminal bile duct cancer  
(b) The operation day was fixed, but in consideration of the family's wishes and the happiness of realistic Ms. Kawasaki, the deputy director and I met and had a discussion with the hospital chief director, and the operation was canceled. Having received ROB treatment (Regulation of bowels), she was able to travel several times.  
(c) It proved satisfying caregiving for the person who passed away cared for by 16 family members, and for those who bade her farewell.

After the caregiving, there was a round of applause from the family.  
[Kunihiko Ishigaki, Director, Tamago Building]  
It has the title "Happiness of Caregiving at Death in the Home" in *Medical Revolution by Regulation of Bowels* p212. Ms. Mikiko Masuda read it aloud, and Ms. Kawasaki's son-in-law, Mr. Uenishi, gave us his thoughts. "Happiness of Caregiving at Death in the Home" in *Medical*



*Revolution by Regulation of Bowels* describes how bile duct cancer was found, and the date for Ms. Kawasaki's operation was fixed. However, it was diagnosed that, even if the operation were a success, she would only have 1 year left to live.  
However, with old age, operations come with risks, so, for example, it was considered that even if the operation were successful, it could weaken her and leave her bedridden. Having confirmed the wishes of Mr. and Mrs. Uenishi, it was decided to opt not to have the operation.  
The deputy director and I met and discussed the matter with the hospital director. The operation had been decided after much discussion with a conference between orthopedics and internal medicine, and the preparations were already in place. To overturn it was no normal thing.  
Finally, deputy director of the Tamago Building confronted the hospital director with the following words. "Operate as if it were your mother. Try to consider not operating".  
At those words, the hospital director said, "All right. Let's not perform the operation. I'll talk to the orthopedic surgeon".  
Then we began ROB treatment (Regulation of bowels). She became energized and was even able to go on travel. After it, she was able to enjoy her remaining life to the full.

And then she received caregiving at death. Since it was terminal cancer, she was looked after at home for a time, but she became so thin, and got weaker and weaker. It was then that Mr. Uenishi came to talk with us. He suggested providing caregiving at home immediately.  
We then made arrangements, and created a plan whereby all family members could take part in caregiving. Her children and grandchildren lay alongside her, connecting with Ms. Kawasaki through centralized massage and skin-touching. We had talked to them in advance about how to deal with the coming uneasiness. It was a peaceful death. As if a purification for Ms. Kawasaki, the deputy director and the whole family led her to the bath and gave her a change of clothes. Everyone was satisfied.  
It was then. Everyone in the family quite naturally gave a round of applause.  
This link with "life" will become a great self confidence and strength to live for this family in the future.

(3) Case of Mr. Shizuka Kotani



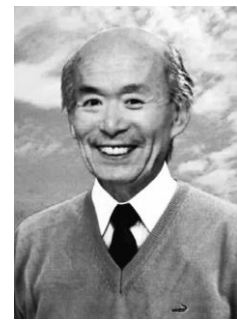
家でお父さんを看取る経験をして、みなさんには、ぜひ家で看取りをしてほしいと思う。  
Having experienced caregiving for their father at home, I think they will all want to receive caregiving at home very much.

(a) Last stage of liver cancer - grueling, can't eat  
(b) With ROB treatment (Regulation of bowels), he got to walk, eat and travel.  
(c) Within something similar to everyday life, everyone was able to provide caregiving, and be satisfied with each other. Around the time of caregiving at death, they celebrated with a party.

[Kunihiko Ishigaki, Director, Tamago Building]  
This person came to us with liver cancer in the late stage.  
He came with terminal liver cancer in a state of being unable to move or eat, but he became energized when he received ROB treatment (Regulation of bowels), and went on to travel and to play golf, and was able to eat meals.  
He could even do his work.  
Nevertheless, it was terminal cancer. He came at the time of caregiving.  
His daughter, Ms. Kajii read the same part of *Medical Revolution by Regulation of Bowels* to her father as Ms. Masuda just read out.  
Nevertheless, it was terminal cancer. He came at the time of caregiving and all his family were also extremely relieved. What is written in *Medical Revolution by Regulation of Bowels* was conveyed, and became a means of great relief. It's what I'd like you all to convey to your families and neighborhoods.  
By all members of a family providing caregiving in this way, you find self confidence, and it evokes a strength to live into the future. Also, his caregivers, wife, Ms. Emiko Kotani and daughter Ms. Yuka Kajii, too received ROB treatment (Regulation of bowels) to get the "body" in good condition. It gave them some mental space, and they could provide caregiving as if completely part of everyday life, they reported.  
Due to this sense of relief and satisfaction, they held a party with the whole family the day before his death, and remembered their father with smiles even after his death, they said.

#### Nursing care prevention and nursing care

(1) Case of Mr. Masao Isonishi  
(a) Cerebral infarction/paralyzed above the waist/gastric fistula/catheter  
(b) With ROB treatment (Regulation of bowels), the leg on the paralyzed side was supported, and the gastric fistula and catheter were removed  
(c) For that reason, he became able to take food by mouth. His face brimmed with the delight of being able to eat. The joy of becoming able to move around by wheelchair and having toilet control.



Level of nursing care from 5 to 4  
Ms. Kyoko Yamamoto will talk to us about her father.  
Receiving ROB treatment (Regulation of bowels), he was instructed with training to swallow every day. Thanks to that, he could give up the gastric fistula, Dr. Takahiko was able to remove the catheter, and he became able to go to the toilet himself. He did not feel human while having the gastric fistula and catheter.

Now, on holidays, he takes a packed lunch to the park with my son, can take part in nursery open days, and lives a normal life. Thank you very much.

[Kunihiko Ishigaki, Director, Tamago Building]  
His level of necessary nursing care went from 5 to 4. This is the true essence of nursing care, I think.  
When putting "Humans are born to have fun" into practice, necessary nursing care level 5 means bedridden. Rather than being bedridden and pipes inserted, it's much better to be able to eat by yourself and excrete by yourself.  
The true essence of nursing care is to lower the nursing care level, and allow the person receiving nursing care to savor the fun of life. So, if the patient is energized by the lowering of the nursing care level, I think that nursing care costs should rise and income should increase. I think it is necessary to have reverse thinking in that area.

(2) Case of Mr. Shinichi Yamada  
(a) Wife: dementia caused by aging and falls/knee and lower back pain  
Husband: Fitted with a pacemaker/breathing difficulties caused by asbestos  
(b) Wife: knee and lower back pain eased and movement has got better. Husband: Often suffered high fever and incontinence caring for wife, but is now energized.  
(c) Husband: He couldn't move from high fever and ended up with incontinence. So that they wouldn't both need nursing care and put burden on their daughter, on their wedding anniversary, October 22, he planned to asphyxiate his wife, but they both became energized and it never happened.



[Kunihiko Ishigaki, Director, Tamago Building]  
This is an issue of nursing care prevention and nursing care by elderly, but this is a very serious issue. Care for the elderly by elderly people has increased with the aging population, and nursing care killing has become a social issue.

Regarding this, Mr. Yamada presented a talk on his experience.  
Mrs. Yamada took medicine, but the cause of 60-70% of her old-age falls was the side-effects from the medicine. There are many cases where people fall, suffer dementia or become bedridden through the side-effects of medicine.  
Both Mr. and Mrs. Yamada took various medicines, but with ROB treatment (Regulation of bowels) they were energized, and no longer needed to take medicine. The side-effects of the medicine were eradicated.

One third of the cost of medical treatment is medicine. In a cost of around 45 trillion yen for medical treatment, around 13 trillion yen goes on medicine. With ROB treatment (Regulation of bowels) treating the "body" without the need for medicine, that can be reduced by around 10 trillion yen. Harm from medicine can be prevented. And everyday life can be energized as well.  
In the case of Mrs. Yamada, too, she took medicine, suffered falls, and her legs and lower back weakened. She felt pains here and there, which advanced dementia. She went to various hospitals.  
[Mr. Shinichi Yamada]

That's right. Every time she went, her medicine increased. It got hard for her to take all the medicine. It was repeatedly, "It hurts, it hurts", when she woke in the morning, "It hurts, it hurts", until she went to bed, "It hurts, it hurts". Whenever she said "It hurts", those words felt like they were piercing my heart. She also had hardships from dementia, and I myself gradually came to have hardships, too.

I will be 78 in August. Since my heart is not in good condition, I have a pacemaker. My body too, took a hit, and I suddenly collapsed with a fever. I would collapse every 2-3 months. The last time I collapsed, I became incontinent. I felt that if it went badly, not just my wife, but I too would have to receive nursing care. It was always in my head when it might be that I myself next collapsed.

The next thing I thought about was being unable to ask my children to provide nursing care for my wife and me. Later, I got to the stage of thinking I would have to kill my wife and then myself die too. I was going to consider it the next time I collapsed. I even decided the day I would die; I thought I would kill my wife on our wedding anniversary, and then die too. As it gradually got closer, that was all I could think about.

I decided that October 22 would be the day that we, as a couple, would die. Our first examination at Tamago Building was set for August 20.

My wife headed toward her treatment folded over her stick, yet after the treatment, she walked out without a stick. I was astonished by it. When she got home, she didn't say "It hurts". Until coming for treatment, she was always saying, "It hurts". It was easier for me because she wasn't saying, it hurts. Almost all of my wife's medicine was stopped gradually, and all my medicine was stopped.

In my case, once I received the treatment, I no longer got high fevers. I haven't had one for a year. I've started to be able to sleep without drinking sake. Since I was tired from her nursing care, I used to drink to go to sleep early. Now, both my mind and body are at rest.

I have really been energized.  
Then, this year, I went by myself to collect bamboo grass for the Tanabata Festival held at the Tamago Nursery. I'd never been into the bamboo grove on my own before. I think I've found confidence. I could do it because I've been energized. On seeing the children looking happy, I feel that is how I can give something back.

#### Tamago Building Health Seminar, July 14

The aim of the Tamago Building Health Seminar lies in "Guarding your 'life' by yourself". For that reason, we don't just make efforts in the treatment of illness, but also the prevention.  
Of course, guarding "life" from earthquakes, tsunami, fires, medical emergencies, abduction, phone fraud, etc. are the subjects of seminars.  
The Tamago Building Health Seminar on July 14 was on the theme of "How you can celebrate your last stage of life with your family".  
There were presentations on the experiences of patients in 3 cases of caregiving at death, and 2 cases of nursing care.  
As this newspaper has stated many times, "aging" and "death" have an important role in linking children and grandchildren to "life".  
For "aging" and "death" to flow well (= without suffering, without pain, satisfied and without regrets), it is necessary to create a condition where the "mechanisms" of the "body" are working smoothly = ensure the "upper abdomen is flexible".  
Those providing nursing care and receiving nursing care, and those caregiving and care-receiving, for both it is necessary to ensure "The upper abdomen is flexible".  
Through this, we can realize the concept of "Humans are born to have fun" (Table 1) which is the aim of Tamago Building.

Each human utilizes the mechanisms of his or her body to the utmost, thus regenerating Japan

#### Table 1 Humans are born to have fun!

The "flexibility of the upper abdomen" is an index of human life and death  
If your upper abdomen becomes flexible using ROB treatment... This will regular inflow and outflow and allow you to take comfortable, deep, long breaths

- Improve depth of breathing
- Improve circulation
- Stabilize physical mechanisms
- Tune autonomic nerves
- Improve function of all organs

- Improve vitality ⇒ Learn how to live
- Improve overall immunity ⇒ Prevent diseases
- Encourage natural healing ⇒ Heal properly
- Improve natural balance ⇒ Natural care
- Be able to die of natural causes ⇒ Peaceful death

Allow the "mechanisms" of the body to "work" smoothly ROB Treatment enables life to be enjoyed!!

医療革命 内臓調整



石垣邦彦

現代医療の限界を超える 優れた着想と実践記録のすべて