

5 minutes walk from JR Yao station TEL 072-991-3398 URL http://www.tamagobl.com/

2006 Proposal for the revitalization of current medical care in Japan

January issue Corrently in Japan, the prevention of chronic diseases with a focus on the patient is required.

*The prevention and care of chronic diseases has come to the forefront of medical care due to changes in disease mechanisms.

*Current medical care that cannot cope with the treatment and prevention of chronic diseases and their causes.

*Why do we need to refy on "randomized" with the control of th

* The reason problems cannot be solved as defined by WHO * The new idea of adaptability of the human body and a "konkoutar"

March issue Chronic diseases can be prevented by understanding "kenkoutat," leading to the prevention of drug induced suffering medical care failures.

*The meaning of "kenkoutat" Changes in the three major characteristics of *kenkoutat".

*Basic elements and functions configuring a

April issue Overcoming prostate can following pulmonary metastasis by regulating the internal organs "The case of patient N (60 years old) LH-RH therapylanti-androgenic therap regulating the internal organs

tion between "kenkoutai" and iscase"

May issue The three major characteristics of a "kenkoutal" prevent cancer
" Why was the cancer not discovered during comprehensive medical examinations until it had reached the terminal stage?
"The three major characteristics of a "kenkoutai," the case of patient N: 1, 2, 3

prevented

* Why was it necessary to cancel hormone
therapy for patient N?

* Problems in hormone therapy

* Integrated medical care for patient N

July issue Three major characteristics of a "kenkouta" for deepening the trust between patients and doctors "Looking at interpretation modified."

theory *The two standard values that medical science should strive to achieve

possible to discontinue interservancer/when churgs?

* The survival rate of lung cancer/when chemotherapy is carried out and when it is not.

*The meaning of PDO (Physician Data Query) according to the U.S. National Cancer Institute (NCI) regarding lung cancer

*What medical care is currently required in modern Japan?

September issue The primary prevention of lung cancer is activation of the internal organs and quitting smoking.

Problems in the primary prevention of "fung cancer" in contemporary medicine, "tobaccop" contemporary medicine, "tobaccop" in contemporary medicine, "medical examination".

Transformation of the idea of "timeasures" measures

measures

* Smoking

* Searching for major causes of "lung cancer" other than tobacco and measures therefor

* The remarkable relation between "lung cancer" and the movement of internal organs

s in the secondary prevention cer examination" in current * Randomized controlled trial related to lung

cancer examinations

* Conversion to the idea of periodic "lung cancer" check-ups

* Suggesting "medical examinations for lung cancer" based on the new idea vember issue The standard for lung neer treatment is regulating the internal

organs

* Discussing "lung cancer" treatment as a chronic disease based on new ideas

* Problems in contemporary medicine regarding the treatment of "lung cancer"

August issue Social rehabilitation after overcoming pulmonary metastasis from kidney cancer ratment course of patient Y; Why was it to discontinue interferon/anticancer

ents and doctors

king at integrated medical care against
ate cancer following pulmonary metastasis

aronological order according to the Tamago

me issue Cancer/cerebral roke/myocardial infarction can be evented

can't chronic diseases be prevented with t medical care? care? oblems cannot be solved as

Do you want to gain knowledge from health lectures and live a long life in good health?

January issue To live is to eat, to eat is to take in, digest, absorb and excrete *What is a fronci disease? What causes it? *What does it mean to live as a living being? *What is gastrulation? *The basic functions for living

February issue Living beings live to maintain life

* Why are humans alive?

* What does it mean to "live to maintain life"?

* What is evolution?

March issue The life of a person involves being born as a living being, living and dying. * Humans are living beings living due to their

ability to eat

* We are living beings living without being

killed * We are living beings living by adapting to * Energy consumption and changes in global population

April issue Death as a living being plays a major role in allowing us to live * Challenging death head-on * What is the role of death? * Is death programmed?

May issue Our personal "death" also plays an important role in making the most for your children, descendants and society

In the words of the writer, Kazuko Yanagihara, who talked about "cancer patient theore."

Yanagistar, who talked about 'cancer pattern'

Nasa to say this without fear of
misunderstanding, even if it is wrong in its
reflectionness or it means allowed to be
tricked into dying peacefully while being held
by warm hands, that might be for me, and
wonderful clinical medical care, shouldn't the
stage be at inter of this? I will be very even if
I do by some chance become cured, say that "I
full the case of staft by cancer, there is
forght Tow will will you fight for your death
beforehand say you have about your death
we have a support of the control of the control

"How does death bring about anxiety"

June issue The basis of our social life is to live as a living being * Modern Japanese people who are not ready for

death

* What does it mean to come to terms with
cancer and/or death?

* Views on life and death of modern Japanese
people

July issue How should we make the most of our affluence in being able to eat? * Humans are simultaneously able to live in two ways living a social life while having strong consciousness as a human; and also living as a person who is a living being

August issue Knowing poverty will allow us to make the most of "affluence" * Despite the saving "Well fed, well bred," why

"Despite the saying "Well fed, well bred," why are violations of this rule often observed in Japanes society? What is the cause of "empty eyes" seen in Japanes children? What is the cause of NEET and hikikomori (sociating oneself from society)?

September issue The principle cause behind suicide is the "affluence" of being able to eat * Why is suicide common in Japan and Eastern European countries?

European countries?

* What does it mean that "the happiness of being able to eat is the beginning of unhappiness"?

* What is the greatest purpose for humans to live as living beings?

October issue Japanese people have forgotten to be thankful for food and are creating diseases themselves

diseases themselves
*We humans are living by eating other life
*The stomach and intestines were first made, followed by the heart/brain! Why is this?

November issue Humans as living beings have not changed even though times have changed * Patients also need to know the limits of

changed

Patients also need to know the limits of medical care

What are the pros and cons of contemporary medicine and how can we take advantage of

Medical care taking advantage of a kenkoutai

A look at the mechanism of diseases according to the Tamago theory Tamago Building Director Kunihiko Ishigaki

2008
Medical care taking advantage of the
<kenkoutai> in each and every one of us

January issue Humans were born to have fun
* The relation between a kenkoutai and chronic
diseases – the new idea in medical science
* Conditions for humans to live as living beings
– What does it mean to live?

February issue Prevent/treat chronic diseases without relying on drugs

*Drug-induced suffering is caused because there are no reliable preventive standards of chronic diseases iscases
In the U.S., the "side effects of drugs" is the
unth leading cause of death!
The medication situation causes anxiety to
oth doctors and patients

March issue Simultaneously solving a variety of chronic diseases via the Tamago theory. *The meaning of simultaneous solutions may be understood by looking at a diagram of a kenkoutai and chronic disease. *Hearing the averagement.

kenkoutar and chrome disease * Hearing the experiences of patient N (88 years old) with a variety of chronic diseases

April issue There is a need to learn about the patient's life in order to diagnose and treat chronic diseases.

"The life of patient N and NBM (medical care for individually healing the disease of each patient through the stories told by each patient and having conversations with that patient)

May issue Pneumonia in the elderly leading to death may be prevented a The cause behind pneumonia in patient N (88 years old) was the heart "Curing the pneumonia of patient N (88 years old) without using antibiotics a Preventing pneumonia in patient N (88 years old).

June issue The key for preventing pneumonia in the elderly is found in the venous return Using the "mechanism the function of the heart

me uncount of the neart.

July issue Death due to pneumonia in the elderly is caused by mailfunction of the entire body, for which strong antibiotics are not very "Why does pneumonia in the elderly become intractable" (DR Michitake Kita, Director of the Department of Pulmonology). Tokyo Metropolitan Geriaric Medical Center "The "mechanism" for solving the cause of intractable pneumonia by regulating the internal organs

August issue Side effects of drugs that decrease the function of the entire body in the elderly! How should we solve this: elderly! How should we solve this: a result of "being able to eat" sufficiently. There are no drugs or surgeries to cure malfunction of the entire body due to aging and growing old.

The entire to between the stomach and imestines—appetite—biood flow

intestines—appetite—blood flow September issue Normal mechanisms and functions of the human body's making the best of the "incentanism of the human body" to prevent pneumonia!

**Medical science is required to take advantage of the "mechanism of the human body" expressed by the entire body

**Being able to eat" enhances the function of the entire body

**Regulating the internal organs to create a state of "being able to eat".

October issue A new idea "flexibility of the upper abdomen" and the continental-drift theory " A drastic idea is required for preventing

chronic diseases

"How will society accept the new idea?

"The "nechanism" of continental drift and the
"nechanism" of moving the human body

November issue Preventing the side effects from drugs in the elderly * Suggesting drastic problems in the side effects of drugs in the elderly * Fundamentally reforming this problem

Yao city Mayor, Mr. Tanaka, also supported the rice-cake making

2009
The "mechanism of the human body" which is a part of nature Medical care taking advantage of the kenkoutai

January issue There is no treatment better than prevention taking advantage of the "mechanism" of nature!

"mechanism" of nature!

* How do you use the excellence of contemporary medicine?

* Making rice without plowing the ground, dairy farming taking advantage of the

February issue The key in preventing chronic disease is to take advantage of this "machanism"

"mechanism"

* The current major global recession is a chance for humans!

* Forestation involving planting trees in native ground [Prevent lower back pain]

March issue (1) The current status of contemporary medicine and problems thereof "The cause of "lower back pain" is unknown in 85% of all cases "Why does psychological stress increase the force applied to the lower back?

April issue (2) Solving the relation between movement of the stomach and intestines and "lower hack pain"!

What does it mean that a gastrocamera revealed no abnormalities?

What happens to the fower back when you eat until your stomach is full?

pain"
"Discovery of the relation between "flexibility
of the upper abdomen" and force applied to
each part of the body
is having no abdominal pain despite
overeating a good thing?

June issue (4) Solving the relation between the "cause" of a hard upper abdomen upon "living" and "lower back pain" " The relation between "cating habits" -"alexisomia" - Tower back pain" "Solving the question of patient T, aged 84 years old, "Why is it so?"

July issue (5) Using "lower back pain" to solve the fundamental cause regarding the problem of contemporary medicine' Descartes' modern medicine' contemporary medicine = philosophy that eliminates complicated relations.

August issue (6) Why are various symptoms generated in the bodies of the elderly almost simultaneous with "lower back pain"?
*****Lower back pain" is caused by a decline in function of the entire body

September issue (7) The lower back and knees stretch with the generation of "flexibility of the upper abdomen" " The fundamental "mechanism" of the human body is the same in men and women of all ages

October issue (8) "flexibility of the upper abdomen" and eating/movement of the storace hand intestinos/center of the body "lower back pain"
"Owner to the center of the body".
"The relation between pressure applied to the center of the body and the "flexibility of the upper abdomen"

November issue (9) "Lower back pain" may be prevented by making "the upper abdomen flexible"

* Propose a detaited fundamental preventive method focusing on the patient

November 5th issue Is influenza a cold?

* Are vaccine/ Tamiflu' antipyretics effective?

* Propose a fundamental preventive method

We have created back issues published in the Kawachi newspaper. It is a new idea that will revolutionize the current medical world. If you wish to subscribe to our back issues of published medical papers to take advantage of a < kenkoutai> in the future, please the Kawachi Newspaper Co. Ltd. 23 072-99 1-0539 or FAX 072-992-8030. You can also view the issues as

2010
A "mechanism of the human body" expressing the entire body
Medical care taking advantage of a kenkoutai

January issue Cancer is our friend!

" A new idea considering cancer prevention/cancer treatment/life with cancer

"Is there any way to grasp the overall picture of

* What is cancer!?
* Propose a new point of view

February issue To be "living" is to "sustain life"

life" on enving is to "sustain

" Questions' worries/proposals from cancer
specialists
" The conflict of modern science and modern
medical science
" The conditions for "living" are the purpose of
living"

March issue "Living" is to "take in, digest, absorb and exercte" food via the body
" The origin of "the birth of constipation and gastrointe strain tract"
" Does food move from top to bottom?

April issue To be "living" means that we are receiving "life" from friends with the same

s use of back stiffness and "constipation" is the same
* "Eating" based on the "mechanism" of the

May issue The cause of "morning sickness" "pneumonia" is weakness in the "movement" of muscles in the gastrointestinal tract " Principles common in all "living beings" " What is comprehensive immunity?

June issue Weakness in "movement" of the gastrointestinal tract muscle is the main cause of chronic diseases "You fall ill when the "function" of your entire "both" queskens

"You fall ill when the "function" of your entire "body" weakens
"When "movement" of the gastrointestinal tract muscle weakens due to the side effects of drugs, the "function" of the entire "body" declines, leading to a decline in immunocompetence

July issue A new concept: Why is cancer our friend!?

friend!?
" "Chronic diseases" have a "cause," "progress" and "outcome," in which cancer is also considered a chronic disease.

August issue Converging the three streams of food, blood and breathing

* Are the "brain, heart and lungs" the three

* Are the "brain, heart and lungs" the three major organs?!
*Changing conditions causing death to conditions for living

September issue Circulation of the blood is controlled by the gastroitestimal tract (stomach and intestines) (1)

* Vein pamp for encouraging vein perfusion
* The correlation between the amount of vein perfusion, breathing, diaphragm, chest pressure, abdominal muscke pressure and venous vasive,

October issue Circulation of the blood is controlled by the gastrointestinal tract (stomach and intestines) (2) * Costraction motion of the stomach/small intestine while fasting = muscle movement and the characteristics thereof

November issue Circulation of the blood controls the gastrointestinal tract (stomach and intestines) (3)

New discovery "mechanism" of the "gastrointestinal tract pump"

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42nd Tamago Building rice-cake making ev We will send mochi to Fukushima Medical University Seita Tanaka, Mayor of Yao City; Masaya Shibatani, front right of the 2nd WOL Yutaka Vice the former principal mayor area Ishigak ssembly; Nori furni City:

making event