

Recommendations to the
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PEOPLE**
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Humans are born to have fun

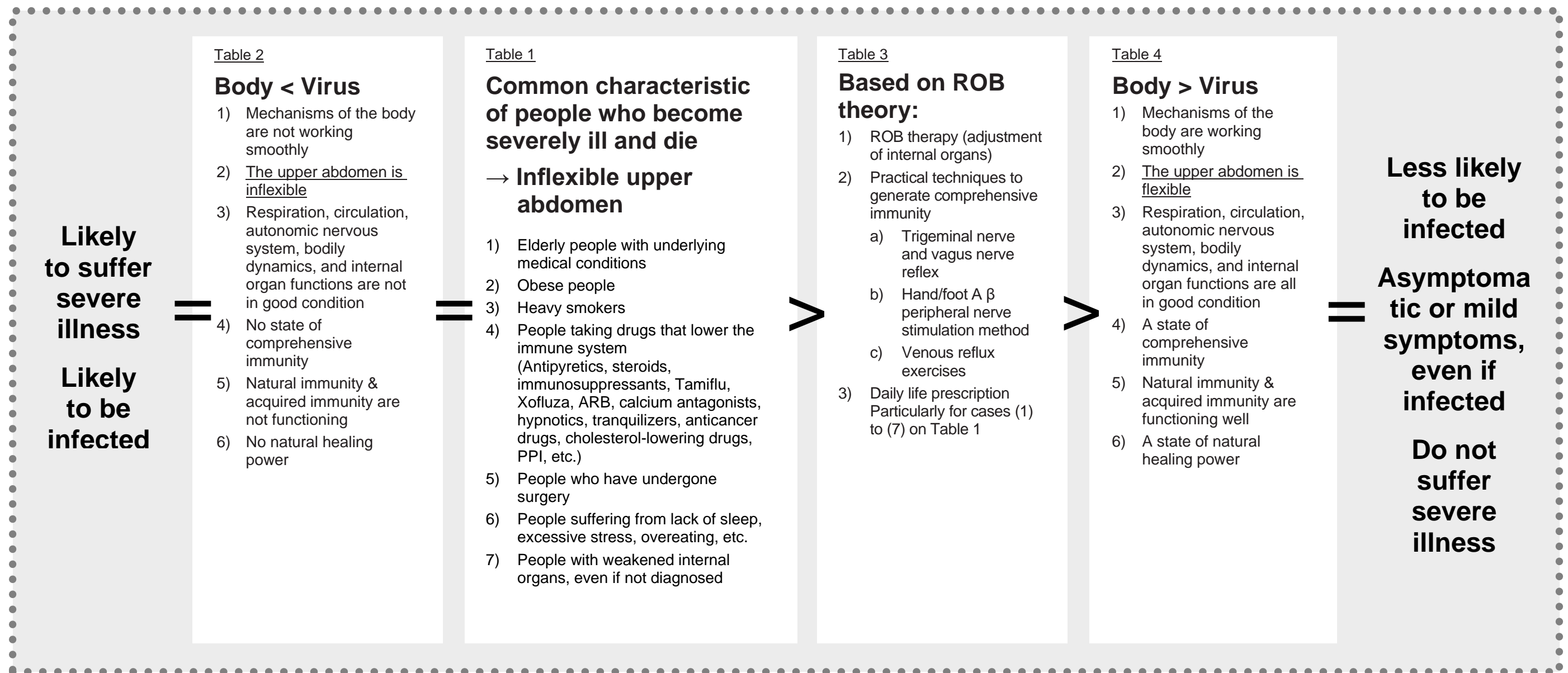
SUGGESTION

How to prevent progression of the infection

— Understanding the mechanism of diseases using the Tamago Theory —



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Each citizen Japanese utilizes the mechanisms of his or her body to the utmost, thus regenerating Japan

Awake, humanity! About COVID-19 countermeasures in Japan and worldwide

In the August/September issue, I made a basic proposal regarding practical techniques to generate comprehensive immunity that humanity should implement globally, based on the chronology of earth history (events in the history of life, changes in the surface environment, changes in the individual earth), the co-evolution of life and the earth, and the living phenomena that has resulted from this.

In this article, I will propose some specific methods to prevent suffering of severe illness that have been discovered through clinical research.

Please take a look at the diagrams at the top of this paper, reading from right to left.

I. Common characteristic of people who become severely ill and die = Inflexible upper abdomen

As you can see from Table 1 in the center of the diagram

- 1) Elderly people with underlying medical conditions
- 2) Obese people
- 3) Heavy smokers
- 4) People taking drugs that lower the immune system
- 5) People who have undergone surgery
- 6) People suffering from lack of sleep, excessive stress, overeating, etc.
- 7) People with weakened internal organs, even if not diagnosed

These are the people most likely to become severely ill and die.

In general, it is (1) elderly people with underlying diseases that you often hear about; this has already become common knowledge.

The common denominator in cases (1) to (7) is an inflexible upper abdomen. For details, please refer to the May 15 issue of this newspaper.

II. Characteristics and tendencies expressed in the bodies of people with inflexible upper abdomens

Please see Table 2 on the left of the diagram.

In these cases, the virus is stronger than the body.

The relationship with cases (1) to (6) can be observed.

Inflexible upper abdomens and these sorts of characteristics are expressed in the body.

III. People on Tables 1 and 2 are more likely to become infected and fall seriously ill

As shown in the left side of the table, people with the characteristics shown in Tables 1 and 2 are more easily infected, may become seriously ill, and can even die.

IV. How to prevent severe illness using the ROB theory

For prevention of severe disease, please see the right-hand side of center Table 1 and Table 3.

- 1) Improve the body and create a flexible upper abdomen state using ROB therapy (adjustment of internal organs)
- 2) Perform practical techniques to generate comprehensive immunity based on ROB theory
 1. Trigeminal nerve and vagus nerve reflex
 2. Hand/foot A β peripheral nerve stimulation method
 3. Venous reflux exercises
- 3) The "inflexible upper abdomen" condition in cases (1) to (7) in Table 1 can be improved by practicing a daily life prescription based on the ROB theory.

For example, for cases (1) to (7) in Table 1, daily life prescription based on ROB therapy (adjustment of internal organs), practical techniques to generate comprehensive immunity, and ROB theory can be used to:

As for (1), create a state of reducing medication wherever possible.

As for (2), obesity is mostly caused by fatigue of body and mind = stress. For this reason, behavioral therapy is also introduced. Of course, diet is also crucial.

(3) Heavy smokers: Stress management is also fundamental here. Binge drinking and binge eating can be greatly improved by ROB therapy (adjustment of internal organs) and practical techniques to generate comprehensive immunity. This is why people are able to quit smoking for good.

As for (4), after the body is regulated with ROB therapy (adjustment of internal organs), people can basically abstain from most medication.

As for (5), intensive ROB therapy is performed before and after surgery, as well as take every chance to perform practical techniques to generate comprehensive immunity after hospitalization. I am reminded of the actress Kumiko

Okae. Kumiko Okae took anti-cancer drugs after breast cancer surgery, and further lowered her immunity with radiation therapy. Naturally, her upper abdomen became inflexible. Surgery, anti-cancer drugs, and radiation therapy need to be examined with full consideration.

As for (6), this is completely unsurprising. This kind of activity makes the upper abdomen inflexible. This can lead to many kinds of disease, not just infectious diseases.

As for (7), this is a blind spot for modern medicine. Since there is no disease of the organs, but only functional deterioration, modern medicine is incapable of diagnosing it. These are so-called "unidentified complaints". If the patient complains about it, the disease tends to be called autonomic dysreflexia, or depression, and drugs are administered. However, all of these cases, without exception, feature inflexible upper abdomens.

V. When flexibility in the upper abdomen is created, the relationship shown in Table 4 appears in the body

This is the result of continuous treatment and observation through clinical research. It definitely occurs. When you experience it, without exception, you will understand it with your body. It will truly sink into your body.

However, if you look at it from the perspective of modern medicine, which is highly segmented, it is difficult to understand.

This is exactly what Dr. Tsuguya Fukui pointed out in the November 2005 issue of the medical journal *Newton*. He stated, "Because we don't understand the entire picture of humanity, even in this era when molecular biology is at its peak, we have no choice but to use epidemiological data, such as randomized controlled trials, as the most reliable Level 1 basis for EBM."

In other words, extreme ambiguities exist even in data that are considered objective.

VI. When flexibility of the upper abdomen is created and the relationship shown in Table 4 on the right of the diagram emerges, the same preventive effect as occurs against influenza will result

Against the influenza virus, ROB therapy, practical techniques to generate comprehensive immunity, and daily life prescriptions were sufficient to prevent the virus.

In other words, as shown on the far right, the patient is less likely to become infected with COVID-19. Even if infected, they will be asymptomatic or have only mild symptoms. They will not suffer severe illness.

They will not suffer severe illness.

Based on the above, I would like to offer a conclusion.

As the Singapore example clearly shows:

(1) Even an 83% vaccination completion rate cannot prevent the spread of highly infectious mutations such as the Delta variant (We have already seen this with influenza vaccines.)

(2) However, 98% of patients will be asymptomatic or

have only mild illness.

1.4% of patients require oxygen, and only 0.1% need to be admitted to an intensive care unit.

What this shows is that the vaccine itself does not particularly prevent infection by a mutated virus.

However, it clearly does prevent severe illness.

Therefore, based on ROB theory:

(1) therapy; (2) practical skills to generate comprehensive immunity; and (3) daily life prescriptions will enable more accurate prevention, treatment, and countermeasures against residual disorders.

Today's conclusion

Taking advantage of the vaccine's positive aspects, we can save more lives if people all over the world respond to COVID-19 by practicing a daily life prescription for comprehensive immunity based on ROB treatment and ROB theory. This will also ensure economic activities go back to normal.

The goal of the Tamago Building is to spread this method through the Osaka Expo. I propose that utilizing the body's own mechanisms will be the highest standard for human society in the future.

Propose basic principles for the Osaka World Expo No.24